

Course ID:
HGT - WAHRE

WORKING AT HEIGHTS REFRESHER

COURSE OVERVIEW

This course is a follow-up to the full day Working at Heights program approved by Ontario's Chief Prevention Officer (CPO) (Program ID # WAH56789).

The Working at Heights Refresher training reinforces key learning outcomes for workers who are exposed to the danger of falling from heights on construction projects. All workers who work at heights on construction projects must be able to demonstrate their knowledge of the correct use of fall protection equipment.

The refresher training also will update participants on any legislative, regulatory or equipment (technological) changes which may impact working at heights under the construction regulation. (Ministry of Labour, *Working at Heights Refresher Guide*)

NOTE: Participants must present a proof of completion card for their original WAH training to register for this class.

In the event a participant has lost their CPO-issued proof of completion card, the learner can request a replacement card by calling the Ministry of Labour Contact Centre at 1-877-202-0008.

PROGRAM CONTENT

- Legislative/regulatory updates
- Safety procedures for warning methods, physical barriers, and safety nets
- Safety procedures for work positioning systems, work access equipment and platforms
- Fall arrest forces
- Proper selection and use of anchor points
- Introduction and practical use of fall arrest equipment
- Purpose and components of a rescue plan

TARGET AUDIENCE

Workers who have previously completed a CPO-approved Working at Heights training program

PREREQUISITES

HGT – WRKHT or successful completion of another CPO-approved working at heights training program

TRAINING TIME (hours):

4.5 Hours

RECERTIFICATION

36 months (3 years)