

**Course ID:**  
**GEN-BSRCT**

## **BASIC SAFETY RECERTIFICATION (BSR)**

### **COURSE OVERVIEW**

This course is the follow-up to the *Basic Safety Orientation (BSO) Plus*.

The *Basic Safety Recertification (BSR)* is designed not only to refresh the standardized safety concepts introduced in *BSO Plus*, but also to re-energize people's passion for safety and promote an injury-free culture across the Valley.

The goal of this program is for participants to combine the new course content with their existing knowledge and skills to develop strategies for keeping themselves safe. This course will provide participants with the skills needed to recognize hazards; assess their own tolerance for risk; and intervene in unsafe situations.

*NOTE: Due to the interactive design of this course, there is a minimum enrollment requirement of 4 trainees per class.*

### **PROGRAM CONTENT**

- Review of chemical, physical, ergonomic, and safety hazards introduced in the original BSO Plus and supplemented by the monthly safety topics and annual safety refreshers
- Evaluation of real life workplace scenarios and the application of hazard mitigation tools
- Assessment of risk tolerance, including the recognition and correction of at-risk behaviours
- Development of strategies for minimizing risks associated with workplace complacency
- Identification of specific changes required to help workplaces move toward an injury free culture

### **TARGET AUDIENCE**

All contractors and building trades

### **PREREQUISITES**

1. BSO Plus (*completed between 2009-2012*); or BSR (*completed between 2013-2015*)

### **TRAINING TIME (hours)**

4 hours

### **RECERTIFICATION**

36 months