

TEST QUESTIONS: WORKING AT HEIGHTS / LADDER SAFETY

Your Name:		Date:	
Company:		IEC #:	

The *BSO Plus Safety Topic* is a review designed from the BSO Plus agenda. This safety topic is your way to stay current on the safety information over the 3 years between BSO Plus and BSR.

- 1. Ontario Regulation 213/91, Section 26 states that fall protection equipment is required when a worker could be exposed to the hazard of falling more than 3 meters (10 feet), but the Safety Partnership best practice is to use fall protection equipment when working above 1.8 meters (6 feet).**
 - a. True
 - b. False
- 2. Ontario's Ministry of Labour (MOL) requires that any worker operating under the Construction Projects Regulation (O. Reg. 213/91) must successfully complete an approved Working at Heights training program if they use specified fall protection systems.**
 - a. True
 - b. False
- 3. If you need to move locations while working at heights, you must maintain 100% tie-off. You do this by:**
 - a. Going home – the work must be done by someone else
 - b. Unhooking your lanyard and walking carefully to the new location
 - c. Unhooking your first lanyard and then attaching your second lanyard to the new location
 - d. Attaching your second lanyard to the new location before unhooking the first
- 4. A 3-tag system is used for scaffold inspections. What does the yellow tag mean?**
 - a. Not safe to use
 - b. Okay to use with supervisor's permission
 - c. Must follow listed precautions before using
 - d. Safe to use
- 5. When working off an extension ladder, which of the following rules need to be adhered to?**
 - a. For every 4 feet up place the ladder 1 foot out
 - b. Extend the ladder 3 feet above the work platform
 - c. Maintain 3 point contact
 - d. All the above