

## TEST QUESTIONS: ERGONOMICS

<b>Your Name:</b>		<b>Date:</b>	
<b>Company:</b>		<b>IEC #:</b>	

The *BSO Plus Safety Topic* is a review designed from the BSO Plus agenda. This safety topic is your way to stay current on the safety information over the 3 years between BSO Plus and BSR.

- 1. Ergonomics is the study of the:**
  - a. Kind of work you do
  - b. Environment you work in
  - c. Tools you use to do your job
  - d. All of the above
  
- 2. Ergonomic hazards can lead to what type of injuries/illnesses?**
  - a. Chemical burns
  - b. Sprains and strains to joints, muscles, ligaments and tendons
  - c. Slip and fall injuries
  - d. Lacerations and amputations
  
- 3. Which factors should you assess to determine the degree of an ergonomic hazard?**
  - a. Temperature, lighting, and vibration
  - b. Work station, chair, and desk height
  - c. Repetition, posture, and force
  - d. Workplace inspections, job rotation, and repetition
  
- 4. Ergonomic hazards include the following elements:**
  - a. Work station and physical environment
  - b. Repetition of work
  - c. Work stations, tools and equipment, physical environments, and the organization of work
  - d. Tools and equipment, physical environments, and the organization of work
  
- 5. When correcting ergonomic hazards, who should be included in the process?**
  - a. Joint Health and Safety Committee
  - b. Management and Supervisor
  - c. Worker and Management
  - d. Worker